

Diet, Cancer & Inflammation...

What You Need to Know



Diet and nutrition play key roles in both helping prevent cancer and managing side effects and health after a diagnosis of cancer. As part of our comprehensive cancer program, we want to provide you with the latest nutritional information in the fight against cancer.

Our workshop, led by Dr. Ed Carriere, is open to cancer survivors, caregivers or those interested in learning more about food options to reduce inflammation and cancer risks.

Sky Ridge Medical Center • Auditorium, Garden Level
February 1, May 3, August 2 & October 4
5 to 6 p.m.
RSVP to 720-225-2229

Join us in-person in Auditorium or Virtually.
Register at HealthONEcares.com/calendar/
After you register we will send you information
on how to join virtually.